Brain Dump

Study Notes Template: Learn by Recalling, Not Rereading

Date _____

Source

What I remember

Key ideas from memory, in your own words. Check the source afterwards and fix the gaps.

Explain it simply

How would you explain this to a 12-year-old? Where do you get stuck?

Quiz yourself

Write questions now. Answer them later without looking.

Still fuzzy

Review again

In 1 day

In 1 week

In 1 month