Brain Dump

Problem-Solving Template: Define It, List Options, Try One

Date _____

What's going on

Just the facts: what happens, when, who's involved.

Why it's a problem

What's the gap between how things are and how you want them?

A realistic goal

What would "better" look like? Keep it small enough to reach.

Possible solutions

List as many as you can before judging any. Silly ones count.

Weigh the best two or three

Will it work? What does it cost? How does it affect you and others?

My plan

How did it go?

Come back after trying it. Solved? If not, try the next option.